

Health and Education Lifestyle Project (HELP)

Status: In Progress
Project Partner: Advent Indonesian Initiatives
Country Office: Asian Aid Australia
Duration: January 2011 to December 2011
Budget: \$18 400
Project Coordinator: Quentin Campbell
Paul Bennetts (All)

What does this project aim to achieve?

Lombok is an island close to Bali where there is a growing number of opportunities for people to gain meaningful employment in the tourism industry, if they can speak English. Many people on the island have a minimal education, and know very little about health.

HELP is teaching health principles, English and positive life skills to students and teachers in two schools and at Sade Village in Lombok, Indonesia, with the aim of increasing their employability and improving their lifestyle. 'Stop Smoking' programs and education about the environment are a key part of the project. There are plans for the establishment of a health clinic in the future.

The project is run by volunteers who live in Lombok and experience the lifestyle they teach about. This helps build relationships with the local people.

Who does this project help?

Lombok is one of the poorest islands in Indonesia. This project is focused on two of the most needy schools in the area, teaching students and teachers about healthy living and English. Secondary students who need to improve their English for employment or further study are of particular interest.

This project will benefit the students and teachers in these two schools as well as the 500 or so people in the Sade Village community.

Why has Asian Aid chosen this project?

Asian Aid has chosen to support the Health and Education Lifestyle Project because it believes this project can make a *real* and *positive* difference in the lives of some of the most disadvantaged people in Indonesia.

We believe education can change lives, and it is already doing so for the people in Lombok.



When will this project begin and/or end?

The initial stage of this project began in January 2011. It is anticipated that it will continue until December 2011. However, the project is being very well received and other communities in the area are requesting HELP programs in their schools.

This project will be reassessed at the end of 2011 to decide if it should be expanded.

How will this project be funded?

This project will be funded by Asian Aid Australia through donations made specifically to this project by our donors and supporters. Asian Aid's partner, Advent Indonesian Initiatives, will implement the work.

What can you do to help?

Asian Aid needs to raise \$18 400 to support this project. You can help us give hope today by donating specifically to HELP. To donate, visit www.asianaid.org.au or call us on (02) 6586 4250 with your credit card details.

This project relies on volunteer teachers, so there is always opportunity for hands-on involvement. To volunteer with HELP you don't need to be a trained teacher, but you do need to be a native English speaker. Call Quentin Campbell on (02) 6586 4250 + extension 133 for more information about this opportunity please.

We value your continued prayers for the work Asian Aid does.

Thank you.